

I WANNA THANK YOU FOR THIS LOVIN' LIFE!

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I developed the melody and concept for this song on Shavous – Sunday, June 9th, the first day of the holiday as I was walking to the synagogue to hear the 10 Commandments. This holiday commemorates exactly 2 years from my “Stroke of Good Fortune.” As soon as I arrived home that day in 2017, and began preparing for the lunch meal, I bent down abruptly, and when I came back up, it was apparent I had a stroke. My right side – arm and leg, as well as my mouth – were flaccid, and my speech was garbled. My friends and family came at the right time, I got into an ambulance, I got the right medicine, thank G-d. Now Hashem[!] kicked me into higher, faster self-care gear. I feel much healthier, and grateful to Hashem for the wake-up call and for the growth experience. This is my thanks.*

I wanna thank You for this lovin' life,
That You have gifted me,
I wanna thank You for the blessings
clear,
That more I've come to see,
Just two short years ago I lay,
Fettered in the Neuro ICU,
The ironic benefit of getting sick,
Is now more “I see You!”

You're visible more vividly,
The skies are much more clear,
The grass is greener on my side,
The brocha[#] is right here,
I thought I could just run along,
And preach and not get sick,
But I needed to take my own Rx,
And be more authentic,

Hashem[!] knows I am stubborn,
I won't slow down alone,
So, He struck me with a “stroke” of
force,
To get me in the zone.
Of listening to what I know,
Both from study and ‘innerly,’
I need to trust in You, Hashem,
And hear Your voice in me.

I wanna thank You for this lovin' life,
And ways to make it more,
I wanna be your “power tool” in Hand,
Through me Your power pour,
I will now honor Your gift of -
Body-soul, and blessed mind,
I will take much better care of them,
To me I'll be more kind,

By caring for this vessel,
My tool I can use best,
It has more fuel to energize,
And care for all the rest,
Gratitude is all I have,
For all You've given me,
I wanna thank You for this lovin' life,
That You have gifted me,
I wanna thank You for this second life,
That you have granted me

* Shavous – The 50th day after the Exodus when the Jewish people received the Torah at Mount Sinai.

Brocha – blessing

[!] Hashem – literally, “The (ineffable) Name of G-d”