



NOGA Wellness Solutions™ Menu of Services

Counseling, Coaching, Consultation, etc. - \$200/50 minute session (prorated)

Individual Workshops - \$500/hour (minimum) or 2 segments at \$950*

Internet-Based Wellness Webinars - \$400/hour (prorated to the ¼ hour)

Full-Day Workshops or Retreats - \$1,500/day**

Sabbath Retreat Weekend - Friday morning - Saturday night - \$2,000**

Full Weekend Retreats - Friday morning. - Sunday afternoon - \$3,000**

Weekend Seminars - Thursday evening - Sunday evening* - \$3,500**

** includes 3-5 workshops daily

* please see NOGA Wellness Solutions™ Spa Menu for a variety of workshops such as:

**Therapeutic Meditation • Journaling • Time Management • Nutrition
• Conscious Breathwork for Health and Relaxation • Tapping and more!**

Our NOGA™ brand has been created in order to encourage our clients to utilize and benefit from the vast array of holistic healing modalities available in today’s world that are permissible according to Torah Law. Nevertheless, NOGA™ products and services are generally free of any religious or cultural bent: NOGA™ is our “pareve”- neutral brand. For our full NOGA Wellness Solutions™ Spa Menu, please email us at: NOGA@Toratherapeutics.com.